



## T-Ball Rules



**Coaches and Parents:** Just a reminder that this is a non-competitive league and the below rules were developed so the kids can have **FUN**. Verbal outburst **will not** be tolerated by any parent, coach or player at any time. Remember that this is a **FUN** league and it is the intention of PAL to teach your child **Good Sportsmanship**, Discipline and the fundamentals of how to play baseball.

- 1) Every player plays the field, 4 infielders and 1 player on pitchers mound; all other players are spread out in the outfield.
- 2) Each player while batting is given 5 swings to hit and put the ball in play.
- 3) Every player bats.
- 4) Batters and base runners may only move one base at a time. After the last batter, everyone on a base continues to run and touch home plate.
- 5) There is NO catcher.
- 6) Helmets must be worn at all time while batting.
- 7) Throwing the bat will result in a warning the 1<sup>st</sup> time, then an out every time after.
- 8) Coaches are allowed in the field with the team to instruct them, coaches may not be involved in any play. Hitting team coach will assist placing the ball on the tee.
- 9) Sportsmanship is expected at all times by coaches and players.